# Walks - Tastes & Traditions of Lisbon Food Tour

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| **Location:** Lisbon, Portugal  **Category:** Food & Drink  **Currency:** EUR  **Language:** English  **TimeZone:** Europe/Lisbon  **Duration:** 3.5 hours  **Max Group Size:** 10 | **Magpie Product Code:** VLIEYM  **Company Website:** takewalks.com  **Primary Contact:** Walks  **Email:** info@takewalks.com |

**Highlights:**

- Enjoy a full breakfast & lunch across 7 delicious spots.

- Learn the secrets of eating and drinking like a local.

- Explore Lisbon’s old city and historic port.

- Try all of Lisbon’s must-try dishes in 1 morning.

- Eat among locals at family-run, traditional spots.

**Description Summary:**

Taste the food and drink that have played an integral role in Lisbon’s history at the family-run shops, bars, and restaurants locals love best.

**Description:**

Spend a morning eating your way through three delicious Lisbon neighborhoods: Baixa, Chiado, and Cais do Sodré. Along the way, you’ll discover the historic and modern eateries that make Lisbon what it is, sampling delicacies from classic Portuguese-style codfish to the inimitable custard tart. With each and every bite, you’ll learn how Lisbon’s story can’t be told without its food, and gain invaluable knowledge for eating like a local on your own.

Start your morning among the locals at the oldest pastry shop in Lisbon. Taste a delicious selection of homemade sweet pastries while sipping a classic Portuguese-style espresso.

Next, you’re off to the only traditional Portuguese grocery store left in Lisbon. Your guide will explain Portugal’s obsession with salt cod, and you’ll try another beloved local product: acorn-fed Iberian ham.

Time for a drink! You’ll enjoy Lisbon’s signature sour cherry liqueur at the 130-year-old family-run stall that does it best.

Your next stop is a no-frills bar serving up the best bifana (marinated pork sandwich) in the city. This buzzing bar is constantly packed with locals who can’t get enough.

Next, it’s about time for lunch, and there’s no better place to enjoy it than among Lisboetas at a traditional Portuguese tasca. Here you’ll try home-cooked classics of Portuguese cuisine with your choice of beer or wine.

After that, it’s time to discover one of the hidden gems of Portuguese food: gourmet canned seafood! Learn about the history of canning in Portugal and sample some delicious preserved goods for yourself.

Last but not least, you’ll finish on a sweet note with Portugal’s most famous pastry: the pastel de nata, or custard tart. You’ll learn all about their surprising history and get an up-close look at these sweet treats being made.

**Inclusions:**

Local English-speaking guide

Expertly guided walking tour

7 delicious tasting stops with 9 tastes and 3 drinks

**Exclusions:**

Hotel Pick-up/Drop-off

Gratuities

**Know Before You Book:**

- The tour is in English.

- Unfortunately, this tour route is not wheelchair or stroller accessible. Please contact our Customer Experience team to find suitable alternative tours.

- This tour requires uphill and downhill walking on uneven streets, including a couple of fairly steep streets. Guests should be able to walk at a moderate pace without difficulty and we recommend wearing comfortable shoes.

- This tour is adaptable for: Pescatarians, Dairy free, Vegetarians, Non-alcoholic options & Pregnant women. If you have a dietary requirement or food allergy, please note it when booking.

- Those with dietary restrictions or food allergies need to contact the tour operator before joining the tour so we can arrange your food, or we may not be able to accommodate you. You'll find the contact in the voucher.

- Please note that this tour is not suitable for vegans nor those with gluten intolerance or celiac disease.

- Guests with serious food allergies will need to sign an allergy waiver at the start of the tour

- Due to the risk of gluten cross-contamination, this tour is not adaptable for those with celiac disease

- This tour is suitable for vegetarians. A combination of different dietary restrictions may be difficult to accommodate

**Know Before You Go:**

- Please arrive 15 minutes before your tour start time for check-in. Out of courtesy to other guests, we’re unable to wait for latecomers. No refunds can be provided for late arrivals or no-shows.

- Unfortunately, this tour route is not wheelchair or stroller accessible. Please contact our Customer Experience team to find suitable alternative tours.

- This tour requires uphill and downhill walking on uneven streets, including a couple of fairly steep streets. Guests should be able to walk at a moderate pace without difficulty and we recommend wearing comfortable shoes.

- Devour comply with all local government regulations. Please refer to Lisbon government guidelines for the most up to date information

- If you have a dietary requirement or food allergy, please contact us at info@takewalks.com at the time of the booking.

- This tour is suitable for vegetarians. A combination of different dietary restrictions may be difficult to accommodate

**Health items:**

Face masks required for travelers in public areas, Face masks required for guides in public areas

**Commentary:**

English - Guide

**Booking Cut-off:**
24
hours
before start time

### Locations:

**Pickup:**
none

**Starts Notes:**
Departure Point:
In Praça da Figueira in front of the statue of Dom João I (King John I).

**Type:**
Ends location

**Address:**
Time Out Market, Av. 24 de Julho 49, Lisbon, Portugal, PT

**Notes:**
Time Out Market, Av. 24 de Julho 49

**Type:**
Starts location

**Address:**
Praça da Figueira, Lisboa, Portugal, 1100-241 , PT

**Directions:**
https://www.google.com/maps/place/38%C2%B042'48.7%22N+9%C2%B008'16.6%22W/@38.7135278,-9.1384916,19z/data=!3m1!4b1!4m6!3m5!1s0x0:0x61795f0276ef3c7!7e2!8m2!3d38.7135128!4d-9.1379343

**Notes:**
This tour meets In Praça da Figueira next to the large statue of Statue of King John I (Dom João I in Portuguese). Your guide will be holding a red Devour tote bag or sign.

**Instant Confirmation:**
Yes

**Trip difficulty:**
Easy

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
Cancellations received greater than 24 hours prior to tour commencement are fully refundable.
Cancellations received within 24 hours of tour commencement are nonrefundable.
Amendment requests are subject to availability and price changes.
Late arrivals and no-shows are non-refundable. This is applicable to any tour participant that fails to arrive or arrives after tour departure.

**Options:**

Tastes & Traditions of Lisbon Food Tour Pricing Pricing valid from March 13th, 2024

### Pricing

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| --- | --- | --- | --- | --- | --- |
| **Tastes & Traditions of Lisbon Food Tour Pricing Pricing valid from March 13th, 2024** |  | **Retail** | **NET** | **%** | **Min Rate** |
| Adult | 15-99 years | €89.00 |  |  |  |
| Child | 2-14 years | €79.00 |  |  |  |
| Infant | 0-1 years | €0.00 |  |  |  |

### Other Information

**Terms and Conditions**

Before you travel, please read the "Know Before You Go" section for essential information, requirements, and possible disruptions regarding your tour.

**Voucher Info**

Mobile tickets will be accepted.

**Redemption**
Your voucher will be collected or scanned on redemption