# Blue River Hot Springs Eco-Adventure Tours - Tarzan Swing, Zipline and Blue River Adventure at Rincon de la Vieja from Playa Flamingo

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| **Location:** Rincon de La Vieja, Costa Rica  **Language:** English  **Duration** 8.0 - 10.0 hours | **Magpie Product Code:** XDYLUH  **Company Website:** blueriverresort.com/1-day-visits/blue-river-adventure-hot-springs.htm  **Primary Contact:** Blue River Hot Springs Eco-Adventure Tours |

**Description Summary:**
Your tour begins with pickup from your Playa Flamingo hotel between 6am and 7am, when you’ll board an air-conditioned vehicle destined for the Blue River Resort and Hot Springs.
Following a 2.5-hour journey, you’ll arrive at the resort and receive a welcome cocktail before changing clothes in preparation for your zipline adventure.
Under the guidance of your instructor, you’ll soar over the rain forest canopy on nine ziplines and then swing down from the trees on a Tarzan swing. Your adventure culminates with a rain forest hike, which takes you past volcanic rivers, cascading waterfalls, and biodiverse flora and fauna.
Return to the Blue River Resort for lunch and then spend the afternoon enjoying the resort’s facilities, which include mud baths, hot springs, and natural swimming pools. Don’t miss out on the tropical botanical gardens, home to more than 700 different species, and the butterfly garden.
Your tour concludes with hotel drop-off at around 7pm.

**Description:**
Get your adrenaline rush along 8 long zip lines woven from treetop to treetop, across the canopy and grand waterfalls. Then freak-out jumping on the Tarzan Swing to cross the river. Afterward relax, in natural hot springs (3 hot springs pools, 2 fresh water pools), mud bathing and natural sauna, meander botanical gardens with bird, fish and a caiman sanctuaries, butterfly gardens and much more.

**Inclusions:**

Lunch

All activities

Bilingual guide - English and Spanish

Hotel pickup and drop-off

Welcome cocktail

Locker & change-room

Entry/Admission - Blue River Hot Springs Eco-Adventure Tours

Entry/Admission - Yoga Retreat At Blue River Resort & Hot Springs

**Exclusions:**

Alcoholic drinks (available for purchase at Tiki Bar & Restaurant)

Food and beverages, beyond what is included

Spa Treatments

Gratuities

Sun block, bug repellent and other necessities (some available for purchase)

**Know Before You Book:**

- Duration: 8-10 hours

- Mobile tickets accepted

**Health:**

Your health and well-being are our priority. In response to COVID-19, cleanliness and hygiene protocols have been set up to ensure the health and security of our guests and visitors.

**Health items:**

Regularly sanitized high-traffic areas, Guides required to regularly wash hands, Hand sanitizer available to travelers and staff

### Locations:

**Pickup:**
none

**Starts Notes:**
Traveler pickup is offered.<br>Please clearly describe where you are staying and the best way to contact you in Costa Rica. The day before we will confirm the tour, exact pick-up location and time.<br>Hotel pickup is offered. View the hotel list on our checkout page to see if yours is included among the pickup points.

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing