# Pininos Adventures - Stand Up Paddle Board Tour at Flamingo Beach

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| **Location:** Playa Flamingo, Costa Rica  **Language:** English  **Duration:** 2.0 hours | **Magpie Product Code:** BEDWGP  **Company Website:** pininosadventures.net  **Primary Contact:** Pininos Adventures |

**Description Summary:**
During the next 2-hours you will take a quick lesson and cruise around Playa flamingo, and the surrounding islands located just a short standup paddle away with an experienced instructor. Spend 15-20 minutes on the beach learning the basics of standup paddling and ocean safety, and then enjoy a period of time in the water learning beginner paddling techniques such as balance, paddling, turning, and wave knowledge. Once you are comfortable with the basics, take a relaxed standup paddle along the coastline and see rays, turtles, fish, jellyfish, birdlife, and many other amazing surprises.

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**Inclusions:**

Bottled water

Local guide

Hotel pickup and drop-off

Boards and paddles

SUP lessons on the beach and in the water

Two-hour SUP tour

Fruits

**Exclusions:**

Gratuities

Lunch

**Know Before You Book:**

- Duration: 2h

- Mobile tickets accepted

- Instant confirmation

**Health:**

• Clients must bring masks for any bus transfer (mandatory)
• No person with a cold should board the bus or tours.
• all luggage will be disinfected before the trips ( (mandatory)
• Before boarding the bus, you must enter with alchohol gel (mandatory)

**Health items:**

, , Guides required to regularly wash hands

### Locations:

**Pickup:**
none

**Starts Notes:**
Traveler pickup is offered.<br>Departure Point: Pickups from Flamingo Beach, Tamarindo Beach, Westin Conchal Beach and JW Marriott Guanacaste
Dates: Daily
Return point: Returns to original departure point<br>180, Provincia de Guanacaste, Playa Flamingo, Costa Rica
flamingo marina beach, please give a call before to showup 506-8309-1171<br>Hotel pickup is offered. View the hotel list on our checkout page to see if yours is included among the pickup points.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing