# Wakepilot - Small-Group Stand Up Paddle Yoga Experience in Osoyoos

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| **Location:** Osoyoos, Canada  **Language:** English  **Duration:** 1.0 hours | **Magpie Product Code:** LUFCSQ  **Company Website:** wakepilot.com  **Primary Contact:** Wakepilot |

**Highlights:**

- Join us for this fun class that will not only get you laughing but will also help you build balance, tone your whole body and calm your mind. This class is suitable for all experience levels and is perfect for groups, stagettes, couples, or anyone wanting to start their day in Osoyoos feeling blissed out floating on water.

**Description Summary:**
Join us for this fun class that will not only get you laughing but will also help you build balance, tone your whole body and calm your mind. This class is suitable for all experience levels and is perfect for groups, stagettes, couples, or anyone wanting to start their day in Osoyoos feeling blissed out floating on water.

**Description:**
Highly passionate about everything Yoga; Yinet has made it her mission to spread laughter, wellness and joy everywhere she goes with her welcoming spirit and infectious smile. Trained to spot misalignments, she pays special attention to the dynamics of each pose to create stability (Sthira) and ease (Sukha) in the body; making Yoga accessible for all levels and different body shapes.
Yinet is a 500RYT registered instructor with the Yoga Alliance. She is certified to teach SUP Yoga, and has also received training in Yoga for pain care, trauma sensitive Yoga, Yoga for arthritis, aromatherapy for Yoga, Yoga Shred, and a variety of techniques of Pranayama and meditation.

**Inclusions:**

paddleboard

**Exclusions:**

Gratuities

**Know Before You Book:**

- Duration: 1h

- Mobile tickets accepted

- Instant confirmation

**Health items:**

Regularly sanitized high-traffic areas, Guides required to regularly wash hands, Hand sanitizer available to travelers and staff

### Locations:

**Pickup:**
none

**Starts Notes:**
4200 Lakeshore Dr, Osoyoos, BC V0H 1V6, Canada
Head east on Main Street (Highway 3) through Osoyoos, then turn right (south) on Lakeshore Drive. Walnut Beach Resort is about 1km away on the right hand side. Simply street park and take the gated footpath around the north side of the resort to the wharf where we are located.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing