#
Ophorus - Sarlat Market & Gourmet Food Tour (shared)

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| **Location:**
Sarlat-la-Canada, France
**Category:**
Food & Drink
**Currency:**
EUR
**Language:**
English
**TimeZone:**
Europe/Paris
**Duration:**
2.0 hours
**Max Group Size:**
15
 | **Magpie Product Code:**
BKMYQJ
**Company Website:**
ophorus.com
**Primary Contact:**
Ophorus
**Email:**
info@ophorus.com
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**Highlights:**

- Enjoy a Guided stroll through Sarlat's Market.

- Taste Authentic Local Specialties: walnuts, cheese, wine.

- Small group ensures personal attention from your guide.

**Description Summary:**

Experience the excitement of bustling Sarlat on market day & taste delicious local food. Follow your guide as you stroll through Sarlat la Canéda market and stop to taste seasonal products, cheese, walnuts and all that had to do with duck!

**Description:**

9.20 am - Meeting point at Place Pasteur bus stop.

9.30am - Depart for the historical centre of Sarlat

- Stroll through the Market to learn about the local delicacies

- Stop at a local shop to taste several products made from duck

- Stop at a specialised shop to taste several products made from walnuts

11.30am - End of the tour, free time for personal discovery in Sarlat

The medieval town of Sarlat hosts one of the biggest and best food markets in the Dordogne. On this 2 hour tour, visit on market day to experience the town at its most atmospheric; admire landmarks such as the Lantern of the Dead and Saint Sacerdos Cathedral on a guided walking tour; then sample regional delicacies including black truffles, Bergerac wines, and foie gras at Sarlat market.

The medieval town of Sarlat hosts one of the biggest and best food markets in the Dordogne. On this 2 hour tour, visit on market day to experience the town at its most atmospheric. Meet your English speaking local guide, expert in Dordogne Culinary specialties.

Walk towards the Market and begin your discovery of the best produce of the Dordogne region. Then your first stop will be at a family run local delicacies shop. Here, we will stop to taste small toasts spread with pâtés or foie gras from either duck or goose. Then taste a Top rated Foie Gras from a local producer that has obtained many rewards at the Paris Exhibition.

Finish this tasting stop with a local cheese called Trappe d'Echourgnac. Trappist cheese is pressed, uncooked, fermented by retro-rubbing or by using the “morge” scrubbing technique.

Then walnut liqueur is added. How much? And, then what? Well, that’s a secret never to be told! All this will be rinsed with a tasting of a White & Red Bergerac wine.

Then follow your guide through the medieval streets of Sarlat. This walking tour allows your guide to point out all the local products of the season that arrive from all corners of the Dordogne. If you are lucky, it might be the season of strawberries, of which the Dordogne is famous for, and your guide will make sure that you have the opportunity to sample some.

Another very popular stop is at a local walnut cake producers stall. Walnut is a true specialty of the Dordogne. It is said that there are as many recipes as there are ducks and gees in the Dordogne, and that's a lot! Let your guide take you to his / her preferred producer.

Your next stop will be inside St Mary's church which houses the covered market. Even though this market is accessible on the other days as well, we stop here as there is a great opportunity to taste very different specialties. As a starter you will get to taste half-cooked Foie Gras accompanied by a glass of Bergerac white wine. This will be followed by dried Margret (duck breast) with pepper.

Finally, listen to your guide as your are introduced to the the king of mushrooms, the black truffle. If you would like to buy some, then this is the place. You can also purchase black truffle oil that makes for a great seasoning.

Back through the market to make our way to our final stop. On the way there will be a few more stops along the way before reaching your final tasting session. Here it will be all about walnuts!

Taste the local walnut oil, the croquants - a dry and crunchy caramelized sugar biscuit like treat. End the tasting with a shot of walnut liquor to rinse all these delicious treats right down.

**Inclusions:**

Walking and gourmet tour conducted by certified local guides.

3 to 4 stops to taste local delicacies.

Tasting fees are included.

**Exclusions:**

Personal insurance and expenses.

Hotel pickup and drop-off.

Meals and drinks.

Gratuities for the driver/guide.

**Know Before You Book:**

- Tour involves walking and is not suitable for wheelchairs.

- Good walking shoes recommended – cobblestone streets.

- English speaking tour.

- Important note: Tour not available in August.

- Children 4 and above charged adult rate.

**Know Before You Go:**

- Please arrive 10 minutes prior to your reserved departure time.

- Recommend comfortable walking shoes.

- Children under 4 years old are not allowed on the tour

- This tour is not recommended for persons with dietary restrictions.

**Commentary:**

English - Guide

### Operating Info

**Product Start Date:**
2024-04-01

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**Product End Date:**
2024-10-31

**Minimum:**
2 guests per booking

**Maximum:**
15 guests per booking

**Booking Cut-off:**
15
minutes
before start time

### Operating Type: Fixed Times

### Season:

September & October: From 09-01-2024 To 10-31-2024

**Sunday:**
09:30

**Monday:**
09:30

**Tuesday:**
09:30

**Wednesday:**
09:30

**Thursday:**
09:30

**Friday:**
09:30

**Saturday:**
09:30

### Operating Type: Fixed Times

### Season:

April to July: From 04-01-2022 To 07-31-2022

**Sunday:**
09:30

**Monday:**
09:30

**Tuesday:**
09:30

**Wednesday:**
09:30

**Thursday:**
09:30

**Friday:**
09:30

**Saturday:**
09:30

### Locations:

**API provider:**
Rezdy

**Pickup:**
none

**Type:**
Business Address location

**Address:**
Ophorus Day Trips & Caves Tours in Dordogne, Avenue Thiers, Sarlat-la-Canéda, France

**Type:**
Meeting Point location

**Address:**
Place Pasteur, Sarlat-la-Canéda, France

**Type:**
Starts location

**Lat & Long:**
44.886502, 1.2151273

**Address:**
Place Pasteur, Sarlat , Perigord Noir , 24200, FR

**Notes:**
Please arrive 10 minutes prior to your departure time In front of the Bus Stop Place Pasteur 24200 Sarlat.

**Instant Confirmation:**
Yes

**Trip difficulty:**
Moderate

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
Operator strictly adheres to its cancellation policy and will make no exceptions to the policy. If Guest chooses to cancel his or her reservation, Operator must receive written notice of said cancellation in writing via certified mail, fax or e-mail sent to info@ophorus.com (with confirmation of receipt from Operator), and Guest shall be subject to the following cancellation fee schedule:

Ophorus requires full payment by credit card, internet payment (through our website) or wire transfer (Wire transfer fees at the charge of the Guest) to make a reservation. We accept payment by AMEX, Visa and Master Card. There is no charge or service fee for processing credit card payments except with American Express +3%.

For any cancellation, the following fees will be deducted from the refund:

> Up to 24 hours prior to departure: no cancellation fees except the booking fees.
> 24 hours prior to departure and less > no refund

All semi private tours depart on time. Clients should present themselves at the allocated meeting point at least 10 minutes before the beginning of the tour. Driver/guide will not wait unless Ophorus has been previously informed that the client will be late with a maximum waiting time of 10 minutes. Beyond that waiting time, tours will depart and Ophorus cannot be held responsible for clients missing their tour.

**Options:**

### Pricing

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **per person pricing** |  | **Retail** | **NET** | **%** | **Min Rate** |
| Adult | 13-90 years | €50.00 | 50.00 |
0.0%
 |  |
| Youth | 4-12 years | €40.00 |  |  |  |

**Additional Charges:**
ProcessingFee

### Other Information

**Terms and Conditions**

All our terms & conditions can be found here: https://www.ophorus.com/terms-sales

**Voucher Info**

Please arrive 10 minutes prior to your departure time of 9:30 am In front of the Bus Stop Place Pasteur 24200 Sarlat.

**Redemption**
Your voucher will be collected or scanned on redemption