# Traveling Spoon - Private Traditional Bulgarian Cooking in Central Sofia

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| **Location:** Sofia, Bulgaria  **Language:** English  **Duration:** 3.0 hours | **Magpie Product Code:** DGMZPU  **Company Website:** travelingspoon.com/available\_hosts/bulgaria/sofia?utm\_source=tripadvisor&utm\_medium=tripadvisor  **Primary Contact:** Traveling Spoon |

**Description Summary:**
This is a unique opportunity to visit the home of a local and explore traditional culture and cuisine. Kremena and Georgi welcome you with warm smiles into their small and simple but lovely apartment in central Sofia. After you get to know each other, Kremena and Georgi will give you an introduction to Bulgarian food and its traditions. During your 2-hour hands-on Sofia cooking class, Kremena will show you how to prepare three Bulgarian dishes from scratch. Help Kremena in the kitchen and learn to make a traditional Bulgarian soup, salad and dessert before you sit down together at their table to enjoy the meal you helped prepare.

**Description:**
Enjoy a private and authentic cooking class in a local home with hosts Georgi and Kremena. Kremena's passion for cooking was inspired by her mother and she was recently chosen to be on a famous TV show! Her husband Georgi is a pharmacist who works in clinical trials and is very supportive of Kremena. This is a perfect experience for anyone looking to connect with local culture over food. Your cooking class will take place in a local home kitchen where Georgi and Kremena will teach you how to make 2-3 traditional Bulgarian dishes from their family recipes. After cooking, you will enjoy your meal together in your hosts' home.
• Cooking lesson in a local home
• Introduction to Bulgaria's culture and cuisine.
• 100% private activity
• Experience Bulgarian hospitality in a residential Banishora neighborhood
• Vegetarian options available

**Inclusions:**

Cooking lesson with hosts Georgi and Kremena

Gratuities

Alcoholic Beverages

If you choose the "market + cooking" tour grade option, your experience includes a market tour

**Exclusions:**

Hotel pickup and drop-off

**Know Before You Book:**

- Duration: 3h

- Mobile tickets accepted

**Health items:**

Regular temperature checks for staff, , Regularly sanitized high-traffic areas

### Locations:

**Pickup:**
none

**Starts Notes:**
Sofia, Bulgaria
Please meet your hosts Georgi and Kremena at their apartment in the neighborhood of Banishora. Exact address can be found in your ticket upon booking confirmation.

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
If you cancel within 2 days of the scheduled departure, there is a 0 percent cancellation fee.

### Pricing