# Traveling Spoon - Private Market Tour and Vegan Indian Cooking Demo in Andheri West Mumbai

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| **Location:** Mumbai, India  **Language:** English  **Duration:** 2.5 hours | **Magpie Product Code:** WSAVCG  **Company Website:** travelingspoon.com/available\_hosts/india/mumbai?utm\_source=tripadvisor  **Primary Contact:** Traveling Spoon |

**Description Summary:**
This is a unique opportunity to visit the home of a local and explore traditional culture and cuisine. You will visit a nearby market to learn about the different kinds of fruits, vegetables and spices available. Please note that this is a cooking demonstration, not a hands-on cooking class. You will join Reyna in the kitchen to watch her prepare 2-3 authentic Indian dishes that you will eat along with other prepared dishes eaten with rice and Indian breads.She has creative alternatives for every ingredient and can dish out just about any Indian dish without animal products, sugar or oil – and it’s delicious to boot!

**Description:**
Learn about healthy vegan Indian cooking from a group of local women who are passionate about the health benefits of eating a plant-based diet. Your hosts will take you to a local market and introduce you to regional produce and spices. Then return to your host Reyna's lavish apartment in Versova in North Mumbai. They will show you how to prepare a few dishes and then you will enjoy this creative, healthy take on Indian cuisine together at the table. 
This is a special opportunity to learn about a unique aspect of Indian cooking. You'll leave with a new perspective on the local cuisine, a full stomach, and new friends in Mumbai!

**Inclusions:**

Lunch or dinner

Private market tour and cooking class with your host Reyna

Bottled water

Non-alcoholic beverages

Gratuities

**Exclusions:**

Hotel pickup and drop-off

**Know Before You Book:**

- Duration: 2h 30m

- Mobile tickets accepted

**Health items:**

Regular temperature checks for staff, , Regularly sanitized high-traffic areas

### Locations:

**Pickup:**
none

**Starts Notes:**
Mumbai, Maharashtra, India
Please meet your host Reyna at her home in Andheri West neighborhood of Mumbai. Exact address can be found in your ticket upon booking confirmation.

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
If you cancel at least 3 days in advance of the scheduled departure, there is no cancellation fee.

### Pricing