# Elemental Magick - Mystical Rainforest Tour: Forest Bathing & Nature Mysticism

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| **Location:** Saanich, Canada  **Language:** English  **Duration:** 2.5 hours | **Magpie Product Code:** FXOSYJ  **Company Website:** elementalmagickadventures.com  **Primary Contact:** Elemental Magick |

**Description:**
Mystical Rainforest Tours: Embark on a mindfulness based stroll through the wild enchantment of a Temperate Rainforest. Experience Forest Bathing: Being immersed in the healing energies of a Forest. Seeing, touching, tasting, smelling & listening to the vibrant presence & ecosystem that brings the forest to Life. Practice the art of Nature Mysticism: Come to the realization that you are part of something much greater than yourself. Tune into the life force of a mystical rainforest while listening to the uplifting sounds of a Tibetan Singing Bowl. Participate in a guided visualization exercise - Imagine that you are a tree, feeling grounded to the earth beneath you, while listening to a selection of music blending in with the peaceful sounds of the surrounding forest. Cap off your tour with an encounter with a 650 year old Douglas fir, acknowledging Mother Nature as your host.

**Inclusions:**

Local guide

Guide in fluent in ASL (American Sign Language)

**Exclusions:**

Gratuities

Hotel pickup and drop-off (if option not selected)

**Know Before You Book:**

- Duration: 2h 30m

- Mobile tickets accepted

- Instant confirmation

**Health:**

Masks are not required during the actual experience, as social distancing is enforced. Masks are required for pickup and drop off, if transportation to and from the park is requested.

**Health items:**

Guides required to regularly wash hands, Hand sanitizer available to travelers and staff, Transportation vehicles regularly sanitized

### Locations:

**Pickup:**
none

**Starts Notes:**
Traveler pickup is offered.<br>Guests can be picked up from any hotel or residence within the Greater Victoria area. If not staying in a hotel, please contact me with pickup location within the greater Victoria area. <br>Francis King Regional Park - Main Parking Lot, Munn Rd, Saanich, BC V9E 1J2, Canada
We will meet at the picnic tables across from the nature centre.<br>Ports:<br>Clipper Vacations, 254 Belleville St, Victoria, BC V8V 1W9, Canada<br>Hotel pickup is offered. View the hotel list on our checkout page to see if yours is included among the pickup points.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing