# Intrepid Urban Adventures - Kathmandu: Spiritual Nepal Experience

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| **Location:** Kathmandu, Nepal  **Category:** Tours & Sightseeing  **Currency:** USD  **Language:** English  **TimeZone:** Asia/Kathmandu  **Duration:** 4.0 hours | **Magpie Product Code:** NZQCIA  **Company Website:** urbanadventures.com/en  **Primary Contact:** Intrepid Urban Adventures  **Email:** info@urbanadventures.com |

**Highlights:**

- Mix with the holy Hindu men in Pashupatinath temple and speak with the Monks of Boudhanath

- Gain expert insight into Hinduism and Buddhism

- Witness a special ritual called “Aarati” – an offering of lights to the Lord at Pashupatinath Temple

**Description Summary:**

Cover all the spiritual bases on this multifaith Kathmandu tour. Learn about Buddhism in Boudhanath, meet holy Hindu “sadhus” in Pashupatinath, and then look into your future with a local palm-reader. Fingers crossed there's travel, glory, and a lottery win ahead!

**Description:**

Local Impact: How you will help the local community by joining this tour:

Your Spiritual Nepal tour includes entrance fees to the UNESCO-listed Pashupatinath Temple and Boudhanath Stupa, which helps preserve local cultural heritage and ensures these important sites are maintained. Should you choose to have your palm read during the tour, the fee for the reading supports the local palm-readers who would otherwise have no access to tourist money.

Meet up with your guide and fellow travelers at the meeting point and hop in for a ride in a cab (local taxi for up to 2 people, private cab for more than 2 people) to the largest Buddhist Stupa in Nepal: the Boudhanath Stupa. Rotate the prayer wheels along with the locals as you circumnavigate the magnificent white spherical dome and offer prayers to Lord Buddha by lighting a traditional butter lamp. After this spiritual experience, walk for around 15 minutes to Pashupatinath Temple, the largest Hindu pilgrimage site of Nepal. At Pashupatinath, go on an insightful spiritual journey of Hindu beliefs, the cycle of birth and death, and the stories of Sadhus - Hindu Holy Men, who renounce their hedonistic social life to devote their life to Shiva (Hindu God of Destruction). You can also get your future read by a local palm-reader! Witness one of many cremations along the banks of Bagmati River, and interact with soot-smeared, saffron-clad, dreadlocked Sadhus. As the sun goes down, brace yourself to be overwhelmed by throngs of locals as they gather around on the banks of Bagmati River on the eastern side of Pashupatinath Temple. Watch along with them the mesmerizing everyday ritual called “Aarati,” which is an offering of lights to Lord Pashupatinath. Make sure you keep near your guide and your group lest you get lost in the crowd of locals! Return a transformed person after this divine (and truly local) experience!

**Inclusions:**

Local English-speaking guide

Entry fees to Boudhanath and Pashupatinath

Transportation costs (from the meeting point to Boudhanath and from Pashupatinath temple to the endpoint).

**Exclusions:**

Lunch/dinner

Tips/gratuities for your guide

Alms to holy men and monks

Palm reader’s fees

**Health:**

While we strongly recommend that all travellers are vaccinated against COVID-19 to reduce the risk of transmission and avoid putting undue strain on healthcare services, vaccinations are not a requirement to join an Urban Adventures tour.

**Health items:**

Guides required to regularly wash hands, COVID-19 vaccination required for guides

**Booking Cut-off:**
24
hours
before start time

### Locations:

**Pickup:**
none

**Starts Notes:**
Hotel Marshyangdi, Chaksibari Marg, Thamel, Kathmandu

**Instant Confirmation:**
Yes

**Trip difficulty:**
Easy

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
Up to 24 hours before the beginning of the activity: full refund
Less than 24 hours before the beginning of the activity or no-show: no refund

### Pricing



### Other Information

**Voucher Info**

While we strongly recommend that all travellers are vaccinated against COVID-19 to reduce the risk of transmission and avoid putting undue strain on healthcare services, vaccinations are not a requirement to join an Intrepid Urban Adventures tour. For further information, please review COVID-19 Health & Safety at https://www.urbanadventures.com/en/about-us/covid-19-customer-info

When packing be aware that dress standards are conservative throughout Asia, especially outside major cities. To respect this and for your own comfort, we strongly recommend modest clothing. This means clothing that covers your shoulders and knees. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. In many rural areas in Asia women will need to wear modest clothing even to swim. Singlets, tank tops and topless sun bathing are all unacceptable. When visiting religious sites men often need to wear long trousers and women a long skirt or sarong.

**Redemption**
Your voucher will be collected or scanned on redemption