# Paramo Trek Salento - Full Day Climbing The Cocora Valley with Lunch

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| **Location:** Salento, Colombia  **Language:** English  **Duration:** 7.0 hours | **Magpie Product Code:** AOZEUY  **Company Website:** paramotrek.com/rutas.php  **Primary Contact:** Paramo Trek Salento |

**Description Summary:**
Leaving Salento by Jeep for 25 minutes, you will find the Cocora Valley, located in the Central Cordillera of the Andes, it is the gateway to the Los Nevados National Park and home to the Palma de Cera, Colombia's national tree, some with more than 60 meters high and up to 200 years old. This landscape, due to its imposing view, becomes the best invitation to inspire travelers who are passionate about the mountains and hiking.

**Description:**
It is an experience that shows you the secrets of the ecosystems of the cloud forest and the Cocora valley, where our guides will teach you to see what normally few people find. You will find a dazzling number of wax palms, thousands of hummingbirds in the Acaime Nature Reserve until you reach the sight of Cerro Morrogacho. Your route will be 12 kilometers to connect with nature, starting at an altitude of 1,900 meters above sea level in Salento up to 2,850 meters above sea level at the Mirador La Montaña.

**Inclusions:**

Salento Transportation - Cocora Valley - Salento

Spanish, English or French certified guide

Entrance fees to the reserves and the roads

Insurance policy that covers accidents (does not cover altitude sickness)

Snack package

Lunch

Advice and personalized preparation before the trip by the Páramo Trek team

**Exclusions:**

Extra meals and drinks to those stipulated in the program (breakfast: 14 USD Approx.)

**Know Before You Book:**

- Duration: 7h

- Mobile tickets accepted

**Health items:**

, Regularly sanitized high-traffic areas, Guides required to regularly wash hands

### Locations:

**Pickup:**
none

**Starts Notes:**
Cra. 5 #9-33, Salento, Quindío, Colombia
Carrera 5 # 9-33, Barrio La Floresta, after crossing the yellow bridge

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
All sales are final and incur 100% cancellation penalties.

### Pricing