# Triflexcursion - Biking, Kayaking and Hiking Activity in Antigua

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| **Location:** St. John's, Antigua  **Language:** English  **Duration:** 2.5 hours | **Magpie Product Code:** ZMVKIG  **Company Website:** triflexcursion.com  **Primary Contact:** Triflexcursion |

**Description Summary:**
Bike through the back streets of the city, kayak in a mangrove lagoon, continue bike ride to Fort James, quick beach stop to refresh, explore the Fort and then bike back to the city. Exercise your mind, body and soul, Health is Wealth!

**Description:**
It is TriFlexcursion not a triathlon. Burn some calories, sightsee, jump in the beautiful Fort James beach, explore, create memories! No tour like TriFlex in the Caribbean! We go at your pace, an activity everyone can enjoy.

**Inclusions:**

Local guide

Bottled water

Local taxes

**Exclusions:**

Food and drinks

Alcoholic drinks (available to purchase)

Gratuities

**Know Before You Book:**

- Duration: 2h 30m

- Mobile tickets accepted

- Instant confirmation

**Health items:**

Guides required to regularly wash hands, Hand sanitizer available to travelers and staff, Face masks required for guides in public areas

### Locations:

**Pickup:**
none

**Starts Notes:**
Redcliffe Quay, Redcliffe St, St John's, Antigua and Barbuda
Our office is in Ruthlyns Carpark in redcliffe quay st John's just behind big banana pizzas.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing