# Adventure Out - Beginner Surf Lesson in Santa Cruz

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| **Location:** Santa Cruz, CA, USA  **Language:** English  **Duration:** 3.0 hours | **Magpie Product Code:** KTIXSA  **Company Website:** adventureout.com  **Primary Contact:** Adventure Out |

**Description Summary:**
This clinic was designed with the beginner in mind – we welcome complete newbies as well as people who have tried surfing on their own for a while and still need help. We will walk you through all the basics to get you started and catching waves! Participants will begin with a land-lesson to learn about ocean awareness, wave breaks, ocean conditions, safety in and out of the water, wave etiquette, paddling, push up and pop up techniques, as well as riding waves and balancing. Then, students will move in to the water and start out in shallow areas riding the whitewater until they are comfortable with venturing further out. Our instructors are all CPR/First-Aid and lifeguard certified, and ready to teach you the basics of surfing. Participants can expect approximately 2 hours of water time in a 3 hour lesson – the start of the class does have some “setup” time built-in to get people suited up and down on to the beach, and the land lesson can take about 30-35 minutes. We provide a safe and non-threatening environment for the beginning surfer! Come have fun learning how to surf and explore the wonders of the ocean with our experienced guides!

**Description:**
Learn to surf in Santa Cruz during a 3-hour clinic designed with the beginner in mind. Novices are welcome, as well as anyone who has tried surfing but could use some tips for balancing on the board and catching a wave. You'll get plenty of practice with paddling and pop-up techniques while learning about wave breaks, ocean conditions, and safety in and out of the water, including surf etiquette. Includes all necessary equipment.

**Inclusions:**

Professional instructor

Surfboard and necessary gear

All taxes, fees and handling charges

**Exclusions:**

Parking fees

Hotel pickup and drop-off

**Know Before You Book:**

- Duration: 3h

- Mobile tickets accepted

- Instant confirmation

### Locations:

**Pickup:**
none

**Starts Notes:**
Cowell Beach, 21 Municipal Wharf, Santa Cruz, CA 95060, USA
Your surf instructors will meet in the small beach parking lot right at the beach entrance adjacent to the entrance to the Wharf (pier). We'll be right by the public beach restrooms and showers.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing