# Trendy Adventurer - 2-Day Live-in Temple Buddhist Monk Mediation Experience from Hangzhou

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| **Location:** Hangzhou, China  **Language:** English  **Duration:** 2.0 days | **Magpie Product Code:** ODLSUX  **Company Website:** trendyadventurer.com  **Primary Contact:** Trendy Adventurer |

**Description:**
Spend a night and two days in monk’s robes in an ancient Chinese temple in the middle of a bamboo forest. Experiment with Eastern soul searching away from the noise of the cities.
Practice Zen cultivation. Experiment with Chinese Buddhist meditation. Take a break.
Spend two days and one night in monk’s robes in an ancient temple in the middle of a bamboo forest. Eat meals with monks in old temple halls, do sutra chants, meditation and calligraphy scroll transcription, and quiet your mind in the forest.
Your chance to disconnect.
1. Wear monk’s robes and blend into the daily rhythm of temple life, sleeping in the temple and eating only vegetarian alms.
2. Guided by a master monk, learn into the Buddhist culture of Futuo Temple.
3. Experiment with these Eastern-evolved methods of soul searching. Find some inner peace.
Practice Zen cultivation. Cast off anxiety in meditative sutra transcription.

**Inclusions:**

Lunch

Dinner

Breakfast

Overnight accommodation in the temple

Chinese-English bilingual guide accompaniment

Hotel pickup and drop-off

Transport by private vehicle

Guided Temple Tour, Guided Meditation, Transcription

Entry/Admission - Hangzhou

**Exclusions:**

Gratuities

Airport Pickup and Drop off

Any individual personal expenditures

**Know Before You Book:**

- Duration: 2 days

- Mobile tickets accepted

- Instant confirmation

### Locations:

**Pickup:**
none

**Starts Notes:**
Traveler pickup is offered.<br>Hotel pickup is offered. View the hotel list on our checkout page to see if yours is included among the pickup points.

**Instant Confirmation:**
Yes

### Cancellation

**Cancellation Policy:**
standard

**Cancellation Cut-off:**
24
hours

**Cancellation Notes:**
For a full refund, cancel at least 24 hours in advance of the start date of the experience.

### Pricing